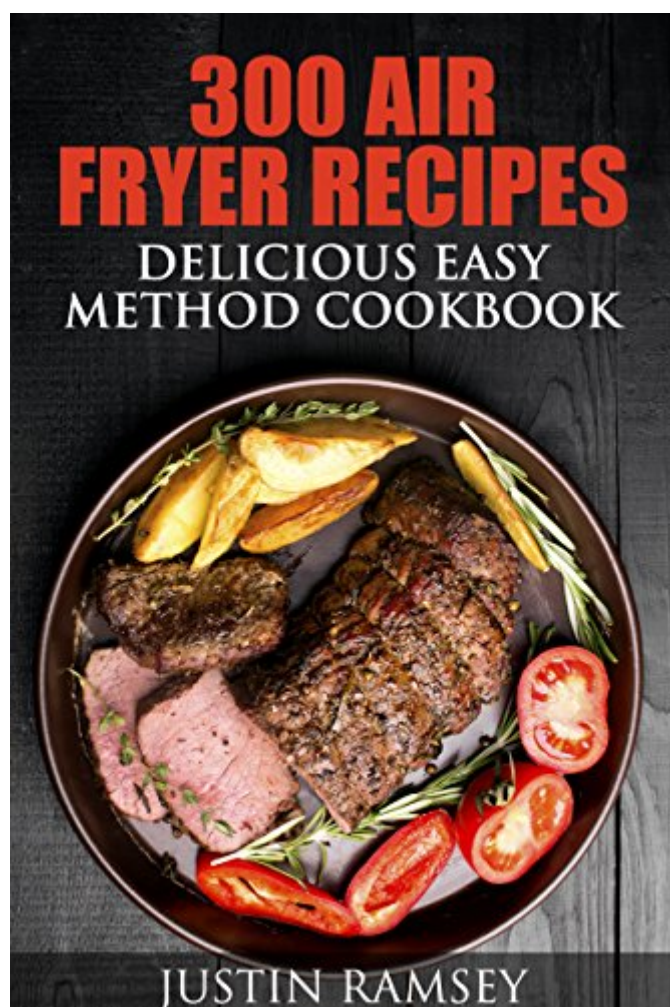


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300 AIR FRYER RECIPES: DELICIOUS EASY METHOD COOKBOOK (Simple And Easy AIR FRYER RECIPES And COOKBOOK)



Synopsis

Get this seller for just \$2.99 cents. Regularly priced at \$6.99! Great Value 300 Air Fryer Recipe Cookbook! Largest collection on !!! This book aims to provide amazing value for readers as it contains a huge range of tasty, healthy and quality meals to make at home. It encompasses meal ideas from different cuisines (Western, European, Asian and more..) and has a large range of breakfast, side dishes, mains and dessert recipes. This is your complete ALL IN ONE RESOURCE for Air Frying! Cook classic fried foods the family will love without the guilt! Say goodbye to deep frying and saturated fats! The Air Fryer recipes in this huge book will replicate the flavor and texture of fried food without compromising your health. You will reap savings in money as well as gain in overall wellbeing for your family. Take advantage of your Air Fryer's features and abilities. Get to understand your appliance and the range of cooking techniques that can be done! The recipes in this book aim to maximize the Air Fryer's utility in creating simple to more complex meals. Be inspired to try new dishes! This book assumes that the reader has no prior experience and provides simple, easy to follow recipe instructions. Even if you are new to Air Frying or even to cooking, you will pick it up in no time! Here is a snippet of our huge list of recipes:

Breakfast
FRENCH TOAST
SOLDIERS
MUSHROOM AND FETA FRITTATA
OATMEAL MUFFINS
POTATO ROSTIRARE
BIT WITH FRIED EGG
SCRAMBLED EGG
THAI STYLE OMELETTE
APPLE OAT FRITTERS
BAKED EGGS
BREAKFAST FRITTATA
CHEESY BACON CROQUETTE
SCORN FRITTERS
Sides
BACON PAPRIKA POTATOES
BAKED ZUCCHINI FRIES
BROCCOLI TOTS
CAULIFLOWER BITES
CHEESY GARLIC BREAD
CURRIED VEGETABLE SAMOSA
FETA WEDGES
FRENCH FRIES
GARLIC AND WHITE WINE MUSHROOMS
JAPANESE ASPARAGUS FRIES
ONION RINGS
PARMESAN ZUCCHINI CHIPS
POTATO GRATIN
ROAST WINTER VEGETABLES
SEEDED BROWN LOAF
Snacks
BUFFALO CHICKEN EGG ROLL
SAJIN SHRIMP
CHEESE CORN AND SPINACH SQUARES
CHILEAN FRIED CALZONES
CHILI TUNA PUFFS
SCHORIZO EMPANADES
SCORN DOG
SCRAB AND FENNEL WONTONS
CRISP SPICY TUNA SUSHI
CRISPY BOCCONCINI WITH CHILI SAUCE
CRUMBED CHICKEN STRIPS
FRIED CALAMARI
HOMEMADE NACHOS
JALAPENO BITES
JERK CHICKEN WINGS
KALE CHIPS
LASAGNA CUPCAKES
MACARONI AND CHEESE ROUNDS
PORK FRIES
PRAWN AND PORK NOODLE BALLS
SESAME PRAWN TOAST
STAIWANESE POPCORN
CHICKEN
VEGETABLE SPRING ROLLS
Main Meals
BEEF STROGANOFF
BLACK BEAN VEGGIE BURGERS
SCARAMEL APPLE PORK CHOPS
SCHAR SIEW PORK
CHINESE BRAISED PORK BELLY
CHIPOTLE CHICKEN
DIJONAISE SALMON
FRIED QUAIL WITH SPICY SALT
HONEY MUSTARD CHICKEN
LEMONGRASS BEEF
MUSHROOM AND PEPPERONI PIZZA
POTATO CRUSTED BEEF

TENDERSROASTED CORNISH GAME HENROASTED MACADAMIA LAMBSNAPPER WITH
ASIAN DRESSINGSOBA SALMON NOODLESSPINACH AND FETA PIETHAI BASIL
CHICKENTOMATO AND CHICKEN PASTATURKEY CHEESEBURGER MEATLOAFZUCCHINI
AND PEPPER RISOTTODesserts and SweetsBAKED ALASKASBANANA AND RHUBARB
SLICEBLUEBERRY MUFFINSCHOCOLATE CAKECINNAMON DOUGHNUTSCRUNCHY
SNICKERSFRIED CHOC CHIP COOKIE DOUGHFRUIT CAKELEMON CREAM CHEESE
BARSMARBLE CAKEMATCHA ALMOND COOKIESPANDAN CHIFFON CAKEVANILLA
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Customer Reviews

The recipe booklet that came with my air fryer was a joke. That's why I bought this book just to find out it is not much better. Thumbing through the book I noticed inaccuracies, omissions, and outright mistakes indicating that the recipes were hastily put together without much thought. There is no mention of how many servings each recipe yields. For instance among the breakfast items is a Potato Rosti that starts with 5 lb of potatoes (page 29). For this same recipe one first preheats the

air fryer (which usually take 2-3 minutes) and then peels the potatoes, grates them, form patties and then put them in the air fryer. All 5 lb of patties at once on top of each other does not make sense to me but the recipe does not say to do it in patches. In two more recipes one preheats the air fryer and then marinates the fish for one hour (pages 221 and 256). The author acknowledges that there are many air fryer models out there and in addition to the basket they may come with a tray and baking dish. Some recipes in this book also require ramekins, silicone cupcake molds, oven safe dish or bowl (without mentioning size), small loaf baking tray that holds 2 lb of ground turkey, 1 cup of breadcrumbs, 1 cup of milk, 3/4 lb of cheese among other ingredients (page 201). This is just one example where I am at a loss of what container to use. Also, many recipes use hard to find ingredients like: Galangal (page 210), Soba Noodles (page 261), Maida Flour (page 146), Taros (page 185), Shaoxing wine (page 251), Hung curd (page 269) and so forth. The book does not have an index and the table of content lists breakfast, sides, snacks, main meals, and desserts & sweets with the recipes in no particular order. I tried two recipes: french fries and crumbed chicken strips.

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